

"one plus  
one equals three"



## The Circuit™ Overview

The Circuit™ is your choice when looking for a short, dynamic, energetic outdoor team building program to actively bring your group together. Participants challenge themselves and their teams to complete a series of trials. No boring, company-picnic activities here! Each challenge utilizes different skills and requires teams to evaluate their resources and coordinate a plan.

### How The Circuit™ Works

We offer two broad frameworks for design and facilitation of your Circuit, depending on your learning outcomes:

- Competition – Variable points (or deductions) are received for each activity; teams compete against each other
- Learning Focus – Facilitated for collaboration, creativity, communication and leadership skills

Depending on your objectives, we mix and match options that echo your group's challenges and reinforce desired learning outcomes. We design a blend of physical and mental challenges to accommodate all capabilities and learning styles inclusively.

Options feature energizing fun and a range of difficulty. A combination of the options will form a 2-4 hour Circuit challenge for your group; other options available on request.

### Sample Challenges – and we have many more –

- **SATELLITE DISC** - Three bamboo posts are 20' feet apart with 5 discs of different sizes on the first post. Move all 5 discs to the 3rd pole, in the same order following activity constraints.
- **SHELTER BUILD** - Construct a tent with your team. The challenge: only blindfolded team members can touch the materials.
- **MINE FIELD** - Navigate the minefield blindfolded and retrieve the combination to the treasure chest with the help of your team. The minefield is full of hazards—touch one and lose points.
- **THE LAUNCH** - Build a catapult or trebuchet-type launcher from various provided materials, able to shoot an object within a target area.

### Learning Outcomes

- Practice creative problem-solving skills as a team
- Apply adaptability, flexibility and collaboration
- Develop the strategic benefits of interdependence
- Effective communication and decision making
- High performance behaviors under pressure

### Clients Say

*"Synergy's Team Circuit was a really fun and active way to bring our international and geographically dispersed team together. We got to know each other much better and walked away with a better idea of our strengths as a team."*

—Shawn Wiggins  
Cisco Systems